

Mother's Month

Ladies Brunch Club R395

New at Silver Forest
Ladies Brunch Club with Monthly Get Together
Continental Brunch, Inspirational & Informative Speaker
and Small Goody Bag

Limited to 20 places each month
Register now to receive information regarding these
lovely get togethers

Overnight Winter Recharge R1950 (Single Occupancy)

Being a Mother isn't always easy. Take time out with
an Overnight Winter Recharge.

One night away can feel like a week on holiday at
Silver Forest. Lovely suite with log burning fire,
Breakfast in Bed, Thermal Suite Relaxation, 60
minute Full Body Massage
This May only

May Spa Packages

New nail lounge menu

Silver Forest nail technicians are now offering Acrylic,
Polygel and lots more Gelish colours and Morgan Taylor
polishes

**Book any manicure this May and get your follow up
treatment for half price**

Ancient mud Rasul R750

Enjoy a nourishing Rasul treatment for 2 people
sharing and receive a free bottle of MCC to enjoy
together (perfect for mums and daughters)

The Rasul can take up to 4 people sharing at the same
time. This is a private treatment and is self applied, no
therapist needed simply have fun together, exfoliate,
mud, steam, relax away those stresses

**Add on the thermal suite relax for R300 per person
for an extra hour of hydrotherapy relaxation**

Mum's Treats

Welcome lavender and tea ritual, 60 min full body
massage and a deluxe pedicure **R750**

Body exfoliation, 45 minute massage and a
mini facial **R895**

60 minute hot stone massage, hot stone pedicure and
hot stone manicure (includes polish) **R995**

Choice of Indulgent 90 minute Journey R725

Silver Forest Signature Massage
90 Minutes of Heaven with a lovely foot ritual
followed by an indulgent African potato balm full
body massage

Muscle Melt Journey

Combines deep tissue with therapeutic Rosemary and
Sandalwood body butter using hot stones to ease
away aches and pains

Uplifting and Energising

Using organic Rosemary and Rose oil body butter,
encouraging circulation muscle toning leaving you
feeling restores and reenergised

Detox Journey

Mongongo nut detox journey includes a vigorous
body polish and lymph drainage massage

Mothers day gift packages

R500 gift voucher, Healing Earth Room Spray and
Body Lotion
R650

Nail lounge voucher for Deluxe Manicure and
Pedicure with cuticle oil and gold spritz
R950

