



THE SPA COURSE MENU

Invest In Your Wellbeing



HOW IT WORKS

BUY 3 TREATMENTS	RECEIVE 4 TREATMENTS
BUY 4 TREATMENTS	RECEIVE 6 TREATMENTS
BUY 6 TREATMENTS	RECEIVE 10 TREATMENTS

Courses are for multiple sessions of the same treatment — not a combination of different treatments.

TERMS & CONDITIONS:

- Courses are valid for 1 year from the date of purchase.
- Treatments included in a course cannot be swapped or substituted for other treatments.
- Treatments included in a course cannot be exchanged for cash.
- Courses and course treatments cannot be converted into vouchers.
- Course treatments cannot be gifted or transferred to another person.
- Caracal Members do not receive additional discounts on courses.





MASSAGE COURSES

DEEP TISSUE RECOVERY

60MIN:

BUY 3 GET 4 - R3285
BUY 4 GET 6 - R4380
BUY 6 GET 10 - R6570

90MIN:

BUY 3 GET 4 - R4485
BUY 4 GET 6 - R5980
BUY 6 GET 10 - R8970

PREGNANCY

60MIN:

BUY 3 GET 4 - R3285
BUY 4 GET 6 - R4380
BUY 6 GET 10 - R6570

90MIN:

BUY 3 GET 4 - R4485
BUY 4 GET 6 - R5980
BUY 6 GET 10 - R8970

LYMPHATIC DRAINAGE

60MIN:

BUY 3 GET 4 - R3285
BUY 4 GET 6 - R4380
BUY 6 GET 10 - R6570

90MIN:

BUY 3 GET 4 - R4485
BUY 4 GET 6 - R5980
BUY 6 GET 10 - R8970

BELLABACI AROMATHERAPY

60MIN:

BUY 3 GET 4 - R3285
BUY 4 GET 6 - R4380
BUY 6 GET 10 - R6570

90MIN:

BUY 3 GET 4 - R4485
BUY 4 GET 6 - R5980
BUY 6 GET 10 - R8970

ROLLING SANDS

60MIN:

BUY 3 GET 4 - R3150
BUY 4 GET 6 - R4200
BUY 6 GET 10 - R6300

90MIN:

BUY 3 GET 4 - R4185
BUY 4 GET 6 - R5580
BUY 6 GET 10 - R8370

SWEDISH

60MIN:

BUY 3 GET 4 - R2685
BUY 4 GET 6 - R3580
BUY 6 GET 10 - R5370

90MIN:

BUY 3 GET 4 - R3750
BUY 4 GET 6 - R5000
BUY 6 GET 10 - R7500

BACK, NECK & SHOULDER

45MIN:

BUY 3 GET 4 - R2385
BUY 4 GET 6 - R3180
BUY 6 GET 10 - R4770





FACIAL/PEEL COURSES

LAMELLE DEEP CLEANSE

75MIN:

BUY 3 GET 4 - R2985

BUY 4 GET 6 - R3980

LAMELLE PIGMENTATION

75MIN:

BUY 3 GET 4 - R3585

BUY 4 GET 6 - R4780

LAMELLE AGE PREVENTION

75MIN:

BUY 3 GET 4 - R3585

BUY 4 GET 6 - R4780

LAMELLE ACNE PEEL

60MIN:

BUY 3 GET 4 - R2550

BUY 4 GET 6 - R3400

LAMELLE AGE PREVENTION PEEL

60MIN:

BUY 3 GET 4 - R2850

BUY 4 GET 6 - R3800

LAMELLE PIGMENTATION PEEL

60MIN:

BUY 3 GET 4 - R3585

BUY 4 GET 6 - R4780

KALAHARI HONEYBUSH

30MIN:

BUY 3 GET 4 - R1650

BUY 4 GET 6 - R2200

KALAHARI LIPID RICH

60MIN:

BUY 3 GET 4 - R2385

BUY 4 GET 6 - R3180

KALAHARI VITAMIN C

60MIN:

BUY 3 GET 4 - R2550

BUY 4 GET 6 - R3400



SKIN ENHANCEMENT COURSES

MICRONEEDLING

FULL FACE:

BUY 3 GET 4 - R2985

BUY 4 GET 6 - R3980

MICRONEEDLING

FACE & NECK:

BUY 3 GET 4 - R3900

BUY 4 GET 6 - R5200

MICRONEEDLING

FACE, NECK & DECOLLETE:

BUY 3 GET 4 - R4785

BUY 4 GET 6 - R6380

NANO NEEDLING

BUY 3 GET 4 - R525

BUY 4 GET 6 - R700

DERMAPLANING

BUY 3 GET 4 - R750

BUY 4 GET 6 - R1000





HAND & FEET COURSES

LUXURY FOREST PEDICURE

PAINT:

BUY 3 GET 4 - R1725

GEL:

BUY 3 GET 4 - R1935

LUXURY FOREST MANICURE

PAINT:

BUY 3 GET 4 - R1650

GEL:

BUY 3 GET 4 - R1860

CLASSIC PEDICURE

PAINT:

BUY 3 GET 4 - R1350

GEL:

BUY 3 GET 4 - R1560

CLASSIC MANICURE

PAINT:

BUY 3 GET 4 - R1275

GEL:

BUY 3 GET 4 - R1485

MAN-LICURE

BUY 3 GET 4 - R1125

SOLE-THERAPY PEDICURE

BUY 3 GET 4 - R1275

REFLEXOLOGY

30MIN

BUY 3 GET 4 - R1350

45MIN

BUY 3 GET 4 - R1785

FOOT REGENERATION

30MIN

BUY 3 GET 4 - R1050

GEL OVERLAY

45MIN

BUY 3 GET 4 - R1080



GROOMING COURSES

BROW TINT

BUY 3 GET 4 - R375

LASH TINT

BUY 3 GET 4 - R330

LASH & BROW TINT

BUY 3 GET 4 - R555

FULL LEG WAX

BUY 3 GET 4 - R975

¾ LEG WAX

BUY 3 GET 4 - R885

HALF LEG WAX

BUY 3 GET 4 - R675

UNDERARM WAX

BUY 3 GET 4 - R525

BIKINI WAX

BUY 3 GET 4 - R585

G STRING/BRAZILIAN WAX

BUY 3 GET 4 - R825

HOLLYWOOD WAX

BUY 3 GET 4 - R1185

FULL BACK WAX

BUY 3 GET 4 - R975

HALF BACK WAX

BUY 3 GET 4 - R750

FULL ARM WAX

BUY 3 GET 4 - R675

HALF ARM WAX

BUY 3 GET 4 - R585

LIP WAX

BUY 3 GET 4 - R285

CHIN WAX

BUY 3 GET 4 - R285

CHEEK WAX

BUY 3 GET 4 - R375

BROW WAX

BUY 3 GET 4 - R375

CHEST WAX

BUY 3 GET 4 - R885

ABDOMEN WAX

BUY 3 GET 4 - R675

FULL FACE WAX

BUY 3 GET 4 - R885

BROW, LIP & CHIN WAX

BUY 3 GET 4 - R975





SAUNA

THERMAL SUITE COURSES

SAUNA

30MIN:

BUY 3 GET 4 - R750

60MIN:

BUY 3 GET 4 - R1200

STEAM

30MIN:

BUY 3 GET 4 - R750

60MIN:

BUY 3 GET 4 - R1200

