



SILVER FOREST
SPA

PRICING GUIDE

The Spa at Silver Forest is open to all guests.
Our menu reflects three different pricing categories:

- Day Visitors
- Caracal Green Members
- Caracal Silver Members

Caracal rates are exclusively available to Caracal Club members at Silver Forest. If you live locally and are interested in becoming a member, you are welcome to apply by completing the application form on our website.

Below is a summary of some of the spa benefits available to Caracal members (please note there are many additional benefits as well):

CARACAL GREEN MEMBER BENEFITS:

- 20% off Massages
- 15% off All other spa services
- 10% off Spa Packages
- 5% off Retail products

CARACAL SILVER MEMBER BENEFITS:

- 30% off Massages
- 20% off All other spa services
- 15% off Spa Packages
- 5% off Retail products

- DV - DAY VISITOR
- CG - CARACAL GREEN
- CS - CARACAL SILVER



SPECIALIZED MESSAGES

DEEP TISSUE RECOVERY MASSAGE

60MIN | DV - R1095 | CG - R876 | CS - R766.50

90MIN | DV - R1495 | CG - R1196 | CS - R1046.50

This massage soothes aches, stiffness, and inflammation while enhancing muscle function, metabolism, and recovery.

Choose between:

CBD SOS Power Balm – Targeted relief & recovery

SOS Balm with Magnesium – Soothe and support tired muscles

PREGNANCY SPECIALIZED MASSAGE

60MIN | DV - R1095 | CG - R876 | CS - R766.50

90MIN | DV - R1495 | CG - R1196 | CS - R1046.50

Soothe backaches, swollen feet, and tired muscles with our Nourished Mama Massage Balm, enriched with natural ingredients for hydration, comfort, and relaxation.

BODY GUA SHA & LYMPHATIC DRAINAGE MASSAGE

60MIN | DV - R1095 | CG - R876 | CS - R766.50

90MIN | DV - R1495 | CG - R1196 | CS - R1046.50

This ancient healing technique uses a gua sha to stimulate circulation, release tension, and promote relaxation. It supports lymphatic drainage, cellulite reduction, and body contouring, while improving, muscle flexibility and joint mobility.

MENO-FREE MASSAGE

60MIN | DV - R1095 | CG - R876 | CS - R766.50

90MIN | DV - R1495 | CG - R1196 | CS - R1046.50

Created to uplift and support perimenopausal and menopausal women, this full body massage uses Meno-Free Calm Body balm, infused with wild-crafted essential oils to ease emotional fluctuations, sensitivity, discomfort, and hot flushes.

BELLABACI SIGNATURE MASSAGE

60MIN | DV - R1095 | CG - R876 | CS - R766.50

90MIN | DV - R1495 | CG - R1196 | CS - R1046.50

Experience deep relaxation with a combination of cupping and hands-on massage using essential oils and homeopathic remedies tailored to your needs. Begin with the Chroma & Aroma Selection Ritual, choosing your Bellabaci Genie by colour and scent to reveal what your body and mind need most. Concludes with a soothing scalp massage.

MASSAGES

ROLLING SANDS FULL BODY MASSAGE

60MIN | DV - R1050 | CG - R840 | CS - R735

90MIN | DV - R1395 | CG - R1116 | CS - R976.50

Aromatherapy massage combining rhythmic, rolling, and flowing movements to help melt away tension. Choose from our selection of aromatic oils to calm your senses, while your skin is left nourished, hydrated, and luxuriously soft.

Choose your aromatic journey:

Khoi San Aromatic Blend – Escape

Wild Honey Blend – Comfort

Aromatic Dune Blend – Relax

Mint & Eucalyptus – Breathe

Tsamma Blend – Refresh

KHOI-KHOI BACK, NECK & SHOULDER MASSAGE | 45MIN

DV - R795 | CG - R636 | CS - R556.50

Escape to the dunes of the Kalahari Desert and let stress and tension melt away with this soothing back, neck, and shoulder massage. Warm, nourishing coconut oil eases muscle stiffness, leaving you feeling relaxed, refreshed, and completely restored.

SWEDISH MASSAGE

60MIN | DV - R895 | CG - R716 | CS - R626.50

90MIN | DV - R1250 | CG - R1000 | CS - R875

This full-body massage helps you relax and unwind through long, flowing strokes, gentle kneading, and soothing stretches. It improves circulation, eases muscle tension, and promotes deep relaxation — leaving you feeling rejuvenated, refreshed, and at peace.

COUPLES MASSAGE

60MIN | DV - R1795 | CG - R1436 | CS - R1256.50

90MIN | DV - R2495 | CG - R1996 | CS - R1746.50

In one of our couples treatment rooms, enjoy a Romantic Massage together. Each choose your preferred scent to match your mood, while our therapists work their magic. Your experience concludes with a gentle hand connection and a romantic phrase, leaving you both relaxed and connected.

MESSAGE ENHANCEMENTS

Elevate your experience even further with one of our luxurious additions.

HOT STONES - MELT AWAY DEEP TENSION

HEAD MASSAGE - CALM THE MIND & EASE STRESS

BELLABACI CUPS - DEEPEN RESULTS & BOOST CIRCULATION

REFLEXOLOGY - PRESSURE POINT FOOT MASSAGE

DV - R150 | CG - R127.50 | CS - R120

DV - R375 | CG - R293.25 | CS - R300

DV - R180 | CG - R153 | CS - R144

DV - R450 | CG - R382.50 | CS - R360



FOR THE MEN

THE DEEP RELAX | 2 HOURS

DV - R1660 | CG - R1494 | CS - R1411

30min sauna | 90min Deep Tissue Massage

Designed to warm up the muscles & ease deep-seated tension.

THE GENTLEMAN'S RESERVE | 3.5 HOURS

DV - R2065 | CG - R1858.50 | CS - R1755.25

90min Deep Tissue Massage | Man-licure | Sole Therapy + Medi-Heel Pedicure

Built for total polish—deep recovery plus clean, sharp grooming.

THE FULL WORKS | 4 HOURS

DV - R2730 | CG - R2457 | CS - R2320.50

45min Full Body Scrub | 60min Deep Tissue Massage | 30min Honeybush Facial |

Man-licure | Sole Therapy + Medi-Heel Pedicure

Top-to-toe overhaul. Everything handled in one session.

THE QUICK FIX | 2 HOURS

DV - R1210 | CG - R1089 | CS - R1028.50

45min Back, Neck & Shoulder Massage | Express Mani | Express Pedi

Efficient, targeted, and perfect for maintenance.

THE CLEAN RESET | 2.5 HOURS

DV - R1795 | CG - R1615.50 | CS - R1525.75

30min sauna | 60min Deep Tissue | 30min honeybush facial

Designed to warm the body, release muscle tension, and refresh the skin.

MAN-LICURE | 45MIN

DV - 375 | CG - R318.75 | CS - R300

Perfectly groomed hands and nails for a clean, refined finish.

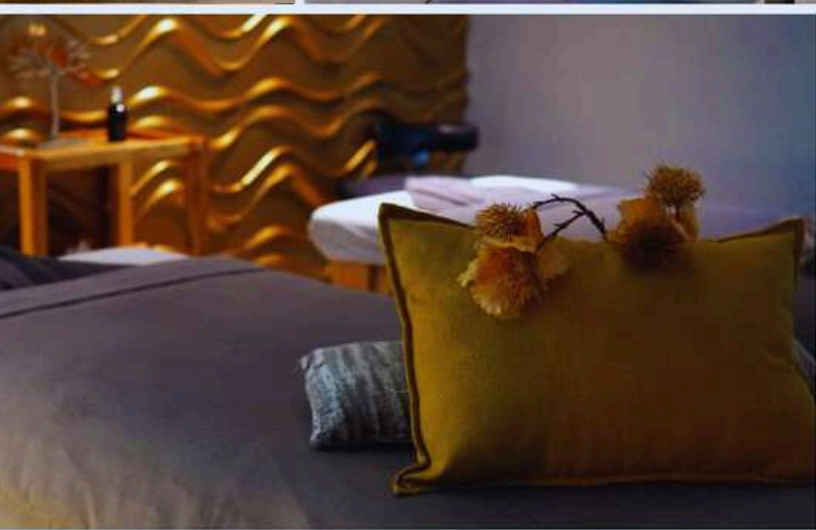
Includes Soak, exfoliation, cuticle work & buff

SOLE THERAPY + MEDI-HEEL PEDICURE | 60MIN

DV - R425 | CG - R361.25 | CS - R340

Designed for men's feet, this treatment removes dry, dead skin and restores softness,

Includes Soak, exfoliation, cuticle work, buff & mediheel



JOURNEYS

Escape into a world of tranquillity with our thoughtfully curated Spa Journeys. Each experience is designed to guide you through a harmonious sequence of treatments that nurture body, mind, and soul. Inspired by the natural beauty and peaceful energy of Silver Forest.

SOULMATES ESCAPE | 2 HOURS (PRICED PER COUPLE)

DV - R3795 | CG - R3225.75 | CS - R3036

Celebrate connection and relaxation with a shared spa escape. Begin with a 30-minute sauna session with a bottle of bubbly to unwind together, followed by a 90-minute Swedish Full Body Massage enhanced with hot stones for deep, soothing relief. Conclude your experience with a R400 voucher to enjoy dining at 3 Kitch3ns.

VITALITY REVIVAL RITUAL | 2 HOURS 30 MINUTES

DV - R1985 | CG - R1687.25 | CS - R1588

Indulge in a full-body exfoliation and wrap to soften and nourish your skin, accompanied by a relaxing head massage to ease tension. Drift into total relaxation with a 60-minute Swedish massage, followed by a 30-minute Kalahari Honeybush facial to rejuvenate and hydrate your complexion.

RENEW & RESTORE BODY JOURNEY | 2 HOURS 30 MINUTES

DV - R2350 | CG - R1997.50 | CS - R1880

Embark on a revitalizing journey for body and face. Begin with a full body exfoliation to refresh and awaken the skin, followed by a hydrating body wrap and soothing scalp massage. Experience hands-on facial massage with cupping, boosting circulation, resilience, and skin tone with nourishing essential oils. Conclude with a full-body massage combined with cupping therapy for deep relaxation and total renewal

HALF DAY HARMONY RITUAL | 4 HOURS

DV - R2895 | CG - R2460.75 | CS - R2316

Indulge in a revitalizing half-day escape designed to refresh, restore, and awaken your senses. Begin with a 45-minute Rasul Ritual, followed by a 60 minute lipid-rich facial to nourish and rejuvenate the skin. Enjoy a 60 minute Bellabaci signature massage to release tension, then indulge in your choice of a 60 minute luxury manicure or pedicure for perfectly pampered hands or feet. Complete your journey with a R250 voucher to enjoy dining at 3 Kitch3ns.

FULL DAY REJUVENATION RITUAL | 4 HOURS 30 MINUTES

DV - R3995 | CG - R3395.75 | CS - R3196

Immerse yourself in a full-day escape designed to refresh, restore, and rejuvenate body and mind. Begin with 45 minutes in the thermal suite, including sauna, steam, and cold hydro pool, followed by a 45-minute full body scrub and wrap with a soothing scalp massage. Enjoy a 90-minute Rolling Sands massage to release tension, then take a break for lunch with a R350 voucher for 3 Kitch3ns. Continue your journey with a 60-minute Vitamin C facial to nourish and revitalize your skin, and conclude with a 30-minute reflexology session to promote deep relaxation and wellbeing.



BODY THERAPY

Nourish your skin, nurture your soul.

FULL BODY SCRUB | 45MIN

DV - R595 | CG - R505.75 | CS - R476

Indulge in a revitalizing full-body exfoliation that awakens the senses and stimulates circulation. Rough, tired skin is gently buffed away, leaving your body silky, deeply nourished, and radiant.

FULL BODY SCRUB & WRAP | 60MIN

DV - R750 | CG - R637.50 | CS - R600

After a gentle full-body exfoliation and refreshing shower, your body is enveloped in a rich, nourishing wrap designed to hydrate and revitalise the skin. As the wrap works its magic, you'll enjoy a soothing scalp massage before the product is worked into the skin, leaving you deeply hydrated, smooth, and refreshed from head to toe.

Elevate your treatment by pairing your massage with one of our luxury body therapies for a more complete, restorative experience.





KALAHARI FACIALS

Harnessing the natural richness of the Kalahari Desert, this premium skincare brand blends botanical ingredients with advanced science to nourish, restore, and rejuvenate your skin.

HYDRATING HONEYBUSH FACIAL | 30MIN

DV - R550 | CG - R467.50 | CS - R440

Revitalize dull, dehydrated skin with a blend of African plant extracts and nourishing oils. A quick, effective treatment including cleanse, exfoliation, mask, and moisturizer.

COURSES:

3 for R1400 | 6 for R2760 - *Includes Homecare Package*

HEMOCARE PACKAGE | R265

160ml Gel Cleanser

LIPID RICH SKIN TREATMENT | 60MIN

DV - R795 | CG - R675.75 | CS - R636

Revive and nourish dry, dehydrated skin with a botanical oil mask rich in essential fatty acids, leaving your complexion ultra-hydrated, and moisturized. This treatment restores the skin's natural barrier and brings life back to dry skin. Not suitable for oily and acne-prone skin.

COURSES:

3 for R2030 | 6 for R4550 - *Includes Homecare Package*

HEMOCARE PACKAGE | R996

160ml Gel Cleanser, 50ml Enzyme Face Buff & 50ml Essential Daily Moisturizer

VITAMIN C FACIAL | 60MIN

DV - R850 | CARACAL GREEN - R722.50 | CARACAL SILVER - R680

This ultra-firming, anti-ageing treatment is rich in natural organic Vitamin C and essential antioxidants. It helps boost collagen and elastin regeneration, leaving the skin visibly firm, brightened, and tightened. Includes Phyto Acid with Revitalizing Booster Gel and a relaxing massage.

COURSES:

3 for R2170 | 6 for R5325 - *Includes Homecare Package*

HEMOCARE PACKAGE | R1574

160ml Gel Cleanser, 160ml Toning Lotion, 50ml Vitamin C Mask & 50ml Moisturizer

PROFESSIONAL

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HYDRATE
LITE
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lamelle
PROFESIONEL LABORATORIOS

PROFESSIONAL

[
AGE
PREVENTION
MASK
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PROFESIONEL LABORATORIOS

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PROFESSIONAL

lamelle

LAMELLE FACIALS

Lamelle combines clinical expertise, ethical practice, and deep understanding of client needs to deliver innovative, first-to-market products in the medical aesthetics industry.

DEEP CLEANSE FACIAL | 60MIN

DV - R995 | CG - R845.75 | CS - R796

Designed for acne-prone and congested skin, this treatment targets pimples, breakouts, and blackheads. Perfect for teens and adults experiencing problematic skin, it helps clarify, balance, and purify the complexion, improving confidence and revealing healthier, clearer skin.

COURSES:

3 for R2550 | 6 for R5750 - *Includes Homecare Package*

HOME CARE PACKAGE | R760

125ml Clarity Active Cleanser & 70ml Clarity Clear Mask

PIGMENTATION FACIAL | 75MIN

DV - R1195 | CG - R1015.75 | CS - R956

Target dark spots, marks, and uneven skin tone with this specialized treatment designed to brighten, even, and clarify the complexion. Suitable for all skin types and tones, it addresses hyperpigmentation effectively while promoting a radiant, balanced, and healthy-looking skin.

COURSES:

3 for R3050 | 6 for R6650 - *Includes Homecare Package*

HOME CARE PACKAGE | R1315

125ml Brightening Cleanser & 30ml Retinol 3.0 Serum

AGE PREVENTION FACIAL | 75MIN

DV - R1195 | CG - R1015.75 | CS - R956

Target early signs of aging with this rejuvenating treatment designed to smooth fine lines, refine skin texture, and even out pigmentation. Perfect for anyone looking to prevent premature aging and maintain a youthful, radiant complexion.

COURSES:

3 for R3050 | 6 for R7700 - *Includes Homecare Package*

HOME CARE PACKAGE | R2460

125ml Dermaheal Foaming Cleanser, 50ml Cellular Repair Cream & 20ml Eye Cream

LAMELLE PEELS

Peels are great for clearing, brightening, and rejuvenating your skin. We know they're not always the most enjoyable, which is why we finish each treatment with your choice of a relaxing scalp or foot massage to end on a high note.

ACNE PEEL | 60MIN

DV - R850 | CG - R722.50 | CS R680

A highly effective anti-inflammatory peel designed to clear congested, acne-prone skin.

Sensation: Mild tingling during treatment

Downtime: Slight tightness or dryness the following day

Results: Reduced breakouts and clearer skin with a series of 4-6 treatments

COURSES:

4 for R2890 | 6 for R4080

AGE PREVENTION PEEL | 60MIN

DV - R950 | CG - R807.50 | CS - R760

A gentle yet effective peel designed to boost hydration, glow, and overall radiance, improving skin texture and moisture without downtime.

Sensation: Mild tingling as the peel absorbs

Downtime: Minimal tightness or dryness may appear the next morning

Results: Skin feels refreshed, plump, and hydrated for 10-14 days.

A series of 4-6 treatments helps maintain long-term results

COURSES:

4 for R3230 | 6 for R4560

PIGMENTATION PEEL | 60MIN

DV - R1195 | CG - R1015.75 | CS - R956

A powerful peel designed to remove hyperpigmented cells and reduce melanin production.

Sensation: Intense heat during application, which quickly subsides

Downtime: Moderate peeling for 4-5 days

Results: Significant reduction in pigmentation with a series of 6 treatments

COURSES:

4 for R4065 | 6 for R5735



SKIN ENHANCEMENTS

MICRONEEDLING

1 HOUR 30 MINUTES

This cutting-edge treatment is clinically proven to stimulate collagen and elastin production while boosting skin cell turnover. Designed to improve acne scars, signs of aging, and uneven texture, microneedling delivers noticeable, long-lasting results for a smoother, revitalized complexion.

FULL FACE
FACE & NECK
FACE, NECK & DECOLLETE

DV - R995 | CG - R847.50 | CS - R796
DV - R1300 | CG - R1105 | CS - R1040
DV - R1595 | CG - R1355.75 | CS - R1276

COURSES:

Full Face - 3 for R2535 | 6 for R4560
Face & Neck - 3 for R3315 | 6 for R5965
Face, Neck & Décolleté - 3 for R4065 | 6 for R7315

RECOMMENDED HOMECARE:

Lamelle Restorative Balm 50ml | R340

FACIAL ADDITIONS

CANNOT BE BOOKED AS STANDALONE TREATMENTS.

NANO NEEDLING | 15MIN

DV - R175 | CG - R148.75 | CS - R140

This gentle treatment creates micro-channels on the skin's surface, enhancing the absorption of serums and active ingredients without discomfort or downtime. With no need for numbing cream, nano-needling smooths and revitalises the skin, leaving a radiant, glowing complexion.

DERMAPLANING | 15MIN

DV - R250 | CG - R212.50 | CS - R200

A gentle mechanical exfoliation that removes dead skin cells and fine facial hair, leaving your skin instantly smooth, radiant, and glowing.



HAND & FOOT TREATMENTS

CLASSIC PEDICURE | 60MIN

PAINT | DV - R440 | CG - R374 | CS - R352

GEL | DV - R495 | CG - R420.75 | CS - R396

Relaxing Pedicure which includes foot soak, exfoliation, nail and cuticle care, and polish.

CLASSIC MANICURE | 60MIN

PAINT | DV - R395 | CG - R335.75 | CS - R316

GEL | DV - R450 | CG - R382.50 | CS - R360

Relaxing Manicure which includes hand soak, exfoliation, nail and cuticle care, and polish

GEL OVERLAY | 60MIN

DV - R360 | CG - R306 | CS - R288

A gel overlay on own natural nails (file, cuticle work, gel application)

FOOT REGENERATION | 30MIN

DV - R350 | CG - R297.50 | CS - R280

A soothing foot massage combined with a gentle scrub to exfoliate and soften the skin.

EXPRESS MANICURE OR PEDICURE | 30MIN

DV - R275 | CG - R233.75 | CS - R220

Nail and cuticle care & polish.

UPGRADES

PARAFFIN DIP

FRENCH PAINT

FRENCH GEL

MEDI-HEEL

SOAK OFF ALONE

SOAK OFF ADDED TO TREATMENT

DV - R160 | CG - R136 | CS - R128

DV - R95 | CG - R80.75 | CS - R76

DV - R150 | CG - R127.50 | CS - R120

DV - R175 | CG - R148.75 | CS - R140

DV - R150 | CG - R127.50 | CS - R120

DV - R95 | CG - R80.75 | CS - R76

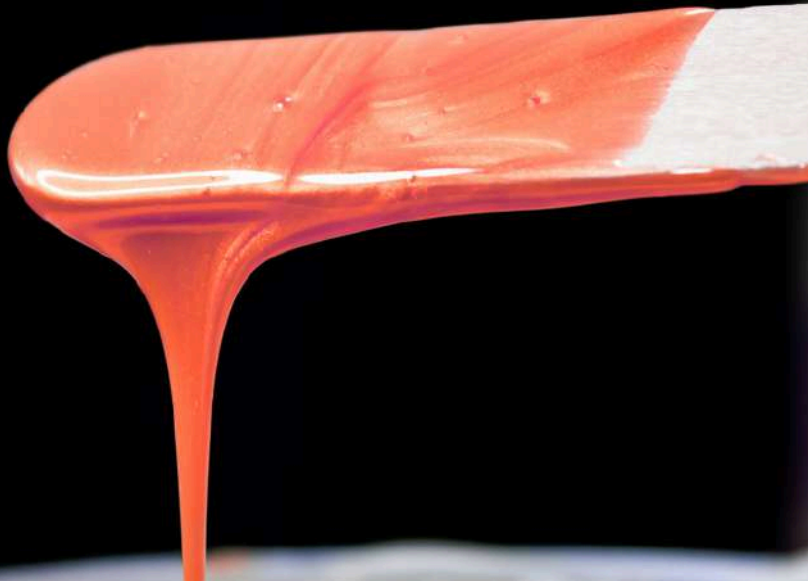
GROOMING

WAXING

FULL LEG	DV - R325	CG - R310	CS - R260
¾ LEG	DV - R295	CG - R250.75	CS - R236
HALF LEG	DV - R225	CG - R191.25	CS - R180
UNDERARM	DV - R175	CG - R148.75	CS - R140
FULL ARM	DV - R225	CG - R191.25	CS - R180
HALF ARM	DV - R195	CG - R165.75	CS - R156
FULL BACK	DV - R325	CG - R310	CS - R260
HALF BACK	DV - R250	CG - R212.50	CS - R200
CHEST	DV - R295	CG - R250.75	CS - R236
ABDOMEN	DV - R225	CG - R191.25	CS - R180
BIKINI	DV - R195	CG - R165.75	CS - R156
G STRING BRAZILIAN	DV - R275	CG - R233.75	CS - R220
HOLLYWOOD	DV - R395	CG - R335.75	CS - R316
LIP	DV - R95	CG - R80.75	CS - R76
CHIN	DV - R95	CG - R80.75	CS - R76
CHEEKS	DV - 125	CG - R106.25	CS - R100
BROW	DV - 125	CG - R106.25	CS - R100
FULL FACE	DV - 295	CG - R250.75	CS - R236
BROW, LIP & CHIN	DV - 325	CG - R310	CS - R260

TINTING

BROW	DV - R125	CG - R106.25	CS - R100
LASH	DV - R110	CG - R93.50	CS - R88
LASH & BROW	DV - R185	CG - R157.25	CS - R148





SPA FACILITIES

At Silver Forest, our Thermal Room is a private treatment area available by advance booking only. It features a traditional sauna, steam room, cool hydro pool, and showers.

Inspired by Kneipp Therapy, this holistic water-based treatment uses alternating hot and cold temperatures to boost circulation, support the immune system, and enhance overall well-being.

The Thermal Room can be booked for private use, shared with friends, or non-private to enjoy with other spa guests. Please note, walk-ins are not permitted — bookings and payments must be made in advance.

Capacity: Rasul - up to 6 people | Sauna - up to 4 people.

Unwind, relax, and enjoy a sustainable spa experience like never before.

TRADITIONAL SAUNA | 30MIN

DV - R350 | CG - R297.50 | CS - R280

STEAM ROOM | 30MIN

DV - R350 | CG - R297.50 | CS - R280

THERMAL SUITE | 60MIN (PRICED PER PERSON)

DV - R600 | CG - R510 | CS - R480

Includes use of sauna, steam & cold hydro pool. (maximum capacity 10pax)

RASUL RITUAL | 45MIN (PRICED PER PERSON)

DV - R650 | CG - R552.50 | CS - R520

A traditional Arabian cleansing ritual that combines steam and heat to detoxify and rejuvenate the skin in a relaxing environment. Guests apply a rich mineral body scrub by themselves or help each other when sharing with loved ones or close friends. The ritual continues with relaxation in the steam and ends with a cleansing tropical rain shower.

ROMANTIC RASUL FOR 2 | 60MIN (PRICED PER COUPLE)

DV - R1750 | CG - R1487.50 | CS - R1400

This includes exclusive use of our Rasul, and cold hydro pool, as well as a bottle of bubbly and a sweet plate for even more indulgence.

SPA GARDEN

Guests spending over R850 on treatments are welcome to relax in the spa garden, featuring a tepid/warm bubble jet pool (weather dependent) and a saltwater swimming pool (unheated), Subject to availability on the day - cannot be booked in advance.



THE SPA



SPA ETIQUETTE

ARRIVAL

Please arrive 15 minutes prior to your scheduled treatment to allow time for check-in and relaxation. Late arrivals will result in a shortened treatment time as a courtesy to the next guest. The full treatment price will still apply.

SPA FACILITIES

Our sauna, steam room, and cold hydro pool can be booked as separate treatments and are charged extra. They are available during spa operating hours only. Swimsuits are required. Towels and robes are provided.

SPA ATTIRE

We offer male and female locker rooms for guests to store personal items and valuables - we do not accept responsibility for lost items. Robes are available on request (sizes S-XXL). Please note, we do not provide disposable slippers for environmental reasons—guests are encouraged to bring their own comfortable footwear. Reusable spa slippers are available for purchase at reception.

SPA VOICES

To maintain a peaceful and relaxing environment, Please refrain from loud conversations or shouting within the spa to ensure a tranquil experience for all guests.

MOBILE PHONES

We kindly ask that all phones be kept on silent mode at all times. Please bring earphones if you need to listen to anything on a phone or device during your visit.

GRATUITY

Gratuities are not included in your treatment price and may be given at your discretion as a gesture of appreciation to your therapist. As a guide, especially for our international visitors, gratuities are between 10% and 25% on treatments not retail purchases.

TERMS & CONDITIONS

CANCELLATION POLICY

Any cancellations AFTER 9 a.m. the DAY BEFORE the booking; the full deposit will be forfeited.

If a voucher is being used to make payment, the voucher amount will be redeemed.

Cancellation Terms for all Vouchers:

- On the day of the booking: 100% of voucher value
- 24 hours before the booking: 50% of voucher value

PAYMENTS

Voucher codes must be provided when making the booking. Vouchers are not redeemable against promotions — some are only valid for the specific experience purchased. Please read voucher terms carefully or ask if unsure. Vouchers linked to packages expire with the package but will retain their monetary value thereafter.

The spa is cashless — no cash is accepted for services or retail purchases.

RESERVATIONS

Advance bookings are strongly recommended. A 50% deposit is required to secure your appointment. Please note that if the deposit is not received, your time slot may be released to other clients.

HEALTH & SAFETY

Please inform your therapist of any medical conditions, allergies, or pregnancy before your treatment. Certain treatments may not be suitable during pregnancy or for specific medical conditions. The spa reserves the right to refuse treatments if deemed unsafe or inappropriate.

CHILDREN

To maintain a tranquil atmosphere, children under 12 are not permitted in treatment areas unless part of a dedicated package.

TERMS & CONDITIONS ARE SUBJECT TO CHANGE

ABOUT US

Nestled in the foothills of the Helderberg Mountain Region, Silver Forest is a hidden gem in the heart of the winelands.

Like everything at Silver Forest, you can expect a luxurious spa experience surrounded by tranquil natural beauty, inspired by the trees that embrace our property.

Our small team of highly qualified therapists offer an extensive treatment menu designed for both full-day spa escapes and everyday beauty, grooming, and aesthetic services.

The spa features five treatment rooms — two for couples and three for individuals — as well as 3 manicure/pedicure stations, along with a Thermal Suite offering a cool hydro pool, traditional sauna, ancient mud Rasul and steam room.

Every experience at Silver Forest Spa is crafted to ensure you leave feeling relaxed, rejuvenated, and eager to return.

OPENING HOURS

Monday - Sunday
08:00 - 18:00

BOOKINGS

WhatsApp: 066 426 3970
Email: spa@silverforest.co.za



RETAIL

Take the spa home with you with any of our luxury retail items.

Our shop features a curated collection of skincare, body, and wellness products used in our signature treatments.

Each product has been carefully selected for its quality and effectiveness, allowing you to continue your self-care ritual at home.

Speak with your therapist for expert recommendations tailored to your skin and lifestyle. Guests are also welcome to pre-order their favourite products for easy collection.

Treat someone special to the indulgence of our luxury retail products, or purchase a voucher to let them experience the spa for themselves.

Refunds are not available on retail purchases.



SILVER FOREST SPA

www.silverforest.co.za